

Community Coordinator's Corner

~ by *Terri Blanken*

Lent is a time of self-reflection. Am I worthy of Jesus' sacrifice on the cross? I'm told that Jesus died so that my sins would be forgiven. I've heard Christians opine that, given this knowledge, we're all "saved". Perhaps.... but where does my individual responsibility lie? Am I free to continue down the path of spiritual self-destruction because all of my transgressions are forgiven?

Do I lose my temper and say unkind words? Do I find myself judging others unkindly because I've failed to pause for a moment to consider what struggles they may be facing? Do I justify my behaviors by blaming others?

Jesus surely knows what's in my heart, and intention plays a role, but in my humanity, I sin nonetheless. So I set my "intentional" hope each morning by saying this prayer by Saint Teresa of Avila.



A Prayer for Peace & Healing

May I be at peace.

May my heart remain open.

May I be aware of my true nature.

May I be healed.

May I be a source of healing to others.

May I dwell in the Breath of God.

— SAINT TERESA OF AVILA

Queen of Apostles Community

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Ash Wednesday

March 2, 2022

Ash Wednesday marks the beginning of the Season of Lent -
A season of prayer, fasting and almsgiving.

Our Ash Wednesday liturgy will be held on
Wednesday, March 2nd at 7:00 PM in the Chapel

May the Father, the Son and the Holy Spirit be glorified in all places through the Immaculate Virgin Mary
Marianist Doxology

QAC Treasures

When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left and could say, "I used everything You gave me."

~ Erma Bombeck



If QAC had a Ministry of Good Times, Steve Guilfoos would lead the way, whether it's acting in the role of Judas in the QAC theater production of 'The Body and the Wheel', playing Santa Claus for a kid's party, or organizing social events over the years. For many years, along with his wife, Mary, the annual Leadership Party was hosted at their home to honor ministry coordinators. He continues to organize an informal men's golf and luncheon for a group of QAC members. Steve can always be counted on to be a grill cook whenever 'hots and brats' are on the menu and once planned a QAC Day. Other years he sponsored QAC Day shirts and Hawaiian hats with artist Mike Peter's cartoon.

Along with Chuck McKenny, they created the infamous, and lovable, CHEEKS performers. This group of distinguished(?) gentlemen sponsored and hosted many social extravaganzas for QAC, such as square dances, a rock-n-roll dance party, a Turkey dinner for 8 raffle, and a sunset picnic dinner at Babcock State Park with about 60 QAC folks. Dare we mention those white water rafting trips in West Virginia in which one year they were kicked out of Hawk's Nest Park Lodge because of the QAC party! The CHEEKS also performed at most QAC Day shows. One year, they processed in to the show on walkers, with open shirts revealing large medallions, while giving a nod and a wink to the cheering ladies. They then proceeded to dance - and I use that term loosely - while seated. There wasn't a dry eye in the house! This even prompted the change from "talent" show to "variety" show - for obvious reasons.

As a trained Circle Keeper, Steve coordinates QAC's Ministry of Consoling to assist with issues of loss and grief. In this ministry, he sends personalized cards to our members recognizing anniversaries of the passing of family members and maintains the parish *Book of Remembrance* in which members submit pages in remembrance of family members. In addition, QAC's membership contact list is updated by Steve on a regular basis.

Known as QAC's in-house author, Steve has published books, written conflict management procedures, co-authored QAC's operating procedures and offers his monthly poems for the SPIRIT publication. He's written and conducted various QAC retreats, including a series on Men's spirituality. Eucharistic Minister, Lector, Sunday collections and past high school religious education teacher also fall into his domain. In the 90's, Steve served as our Community Coordinator and was on the administrative committee, which included the recording secretary position.

But for Steve, his most humbling creation for QAC was honoring the special work of women in our community dubbed as Honey Buns, in which these lucky ladies were presented a single rose and were serenaded with the song, "Let Me Call You Honey Bun".

THANK YOU, Steve!



(Continued on page 3)

(QAC Treasures continued from page 2)



From her first visit in 1989, Chris Sitko found it very easy to become engaged in our community because she was so impressed with the commitment and the intensity of service to others that she observed.

As with all of our volunteers, Chris is very humble, as she says she has always just followed the lead of such notable members in our community as Dot Fay and Rita Flohre, both now deceased. She just enjoys saying, “Yes” whenever a need arises. One of her first opportunities to volunteer came by way of a phone call from Dot Fay asking if she could prepare and deliver a meal for a QAC family, “and you just couldn’t say ‘no’ to Dot!” Chris shares, “I’ve learned from Dot, Rita and actually every community member that this is what it means to be ‘church’. Sunday liturgy is only a small part of our time together.”

Currently, Chris is the co-coordinator for Community Ministry, managing meals and deliveries along with many other ways in which we express our concern for each other as a family. Chris has also served on the Social Justice Committee whose mission is to meet the needs of the community outside of our parish and internationally.

Finding inspiration from other volunteers, Chris believes that she is still learning what it means to be, and to build, community.

THANK YOU, Chris!

Ministry of Consoling by Steve Guilfoos

The community has experienced many deaths of loved ones over the past few years. Unfortunately, we have not been able to have our Consoling Circles because of the pandemic. While we wait until it is safe to meet again, I thought I should cover some of the principles on how folks can handle the death of a loved one.

Many of you have heard of the Kubler-Ross 5 stages of grief – denial – anger – bargaining – depression – acceptance. For those who have not experienced the death of a loved one, they expect that you will simply be back to “normal” after you’ve finished those five stages and that you should “move on”. The truth is you are never “over” the death of a loved one. You will revisit one or all of those stages of grief many times as you “move on”. It may be triggered by a song on the radio, someone walking their dog, seeing a favorite flower, or even the breeze dancing with the leaves in a tree. All of that is OK. Celebrate the memory.

Do something positive to remember your loved one. Have a cupcake on their birthday followed by the prayer, “Thank you Lord for giving me time with ____.” On Thanksgiving, set an extra place at the table for your loved one and when you say grace, each person share a memory of your loved one. Will it make you sad again – probably. Will it make you tear up – yes, that’s why they make Kleenex!

Lastly, create a legacy of your loved one. Pick something they loved or maybe the cause of their death. Make a donation to a charity that focuses on one of those things. Better yet, if you can, volunteer at a place or organization in memory of your loved one. If they loved animals, volunteer at your local animal shelter – walk the dogs, feed the animals, or whatever they need help on. If the hospital or hospice treated your loved one, volunteer there. Participate in a walk that their favorite charity is sponsoring. If you can afford it, create a scholarship in their name at a local school. Be creative. One Dad I know, on the anniversary of his son’s birthday, wears a shirt of a university his son loved.

Let me leave you with this ... the good Lord provides us with many memories both happy and sad. Certainly you miss your loved one and that is OK. You “move on”, not by being “over” the death of your loved one, but by moving forward in honor of your loved one – by remembering ... by celebrating ... by doing something positive. Let us never forget that this person was loved for a reason ... to change your life forever for the better.



Kevin and Linda Murnane

SOCIAL JUSTICE MINISTRY

According to the Farmer's Almanac, and perhaps in defiance of the dire prediction of Punxsutawney Phil, Spring will arrive this month. Spring is a time of anticipation and preparation.

Based on my education at The Ohio State University School of Agriculture, I know that farmers plan well in advance of the Spring for what to plant in their various fields and that they have at least ordered their seed and fertilizer requirements well before the arrival of March. About now, those who ensure that we have food on our tables through their work in the fields are changing oil in their tractors, inspecting their implements, and making repairs wherever they find broken or worn parts, and otherwise preparing to till the soil to welcome the arrival of planting season. Based upon my visits to Rural King and Walmart, I know that gardeners who have not already poured over seed catalogs, and maybe some who have, are grabbing the seeds for lettuce, spinach, carrots, peas and other choice selections, in anxious anticipation for the days when it will be warm enough to put them in neat rows in their gardens.

Whether it be the farmer or the gardener, all have visions of a bountiful harvest and most realize the amount of care and work which will be required along the way to that harvest. Many are counting on that old phrase, "If you always do what you've always done, you'll always get what you always got." They are guided by this thought even though, in farming at least, I can attest to the fact that you can do everything right, but if there isn't rain, or if there is too much rain, or if there is a hail storm or a big wind at the wrong time, that harvest isn't going to arrive. And so, some experiment by introducing new crops, methods, or ideas to try to improve their odds of success.

With Spring, another season of preparation arrives – the season of spiritual preparation we enjoy and which we call Lent. While Lent is a time for a different type of preparation, it is a time of truly important preparation in our annual liturgical and religious observances.

Lent is a 40-day season of prayer, fasting and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It is a period of preparation to celebrate Easter and the resurrection of the Lord.

When I was in grade school, each year my teacher would ask, "What are you going to give up for Lent?" And that was my focus—normalizing delayed gratification but doing little more than helping me count down the days until Easter when I could have candy again. Oh, the anticipation of the contents of the Easter basket! I didn't quite grasp that I was supposed to be making a more permanent change which would strengthen my relationship with God. I was just doing what all of us in my class were. To me, Lent was fast and abstinence on Ash Wednesday and Good Friday, eating fish or cheese pizza on Fridays, giving up candy, attending Stations of the Cross each Friday, and maybe, if the parish held one, going to the parish mission which concluded with Benediction and all of that incense.

Vatican II changed the rule about not eating meat on Fridays year round in 1966, it took some time for the change to reach my diocese and even more years beyond that to reach my family. Not wanting to incorporate too much Vatican II at one time, my Irish-German Catholic family continued the year round practice of meatless Fridays beyond Lent, but most certainly, during Lent, meat on Friday was not to be had if you were in the Murnane household.

I'm not entirely sure I recall when I came to understand that God probably cares much more about what one actually does to assist a neighbor, who has less, than God cares about whether there was pepperoni on that pizza on Friday. Gratefully, in at least the last three decades, I have had a deep appreciation that the pathway to heaven is more heavily weighted on being Christ-like in ways large and small extending kindness to one's neighbor than it is on the menu selections whether at home or at a restaurant.

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But for way too many years, I put too little thought into what the true focus of my Catholic faith should be during Lent. I put no thought into the need to prepare and plan for a meaningful Lent. I didn't correlate the chores farmers were doing to prepare their machinery to assist them with a good planting season and bountiful harvest with the need to prepare my mind and heart, and schedule, to have a meaningful Lenten preparation for Easter. I just plowed ahead thinking that the sermons on Sunday would provide all of the discernment I needed to be ready for Easter.

But, as we all know, God moves in strange ways. We don't always understand why or what the real outcome will be, but God allows us to feel or think or do something for no reason apparent to us at the time and yet looking back later, it becomes obvious. As a result of whatever, this year, I don't want my Lent to be solely a period of delayed gratification. I want it to be a period of cognitive action on my part preparing myself, and hopefully others, not only to understand Christ's Resurrection more fully, but also correct the course toward my own eventual resurrection. At least this year I've given some serious thought to preparation.

What does any of this have to do with Social Justice? Please remember that the mission QAC has given Social Justice includes, "Foster group and individual prayer opportunities for social concern." Therefore I ask, what are you doing for Lent this year?

To this end, I am extremely grateful to Joelle Martinez for arranging both a weekly Stations of the Cross (10 a.m. each Saturday morning of Lent) and a parish mission (timing to be announced). The other day someone asked me if I thought either will be successful at QAC. I told them that I don't know if people will attend or not, but if they aren't offered, they won't be attended for certain. It may be that Linda and I won't be able to get to all, but we look forward to seeing as many of you as are able, when you are able.

We hope you will each embrace this season of preparation by participating in our QAC sponsored activities, including the Lenten mission, and Stations of the Cross, consult the Lenten calendar which will be posted on the QAC website again this year, and consider what you can do this Lenten season to be Christ's hands and feet on earth to help your neighbor. Through our joint Lenten journey we will till the soil, plant the seed, and hopefully, on Easter Sunday, reap the harvest of our work.

Social Justice 2022 Lenten Letter Writing Campaign

This Lent, Social Justice Ministry is asking you to participate in a letter-writing campaign. Each week, we will suggest a topic that we hope you will express your thoughts, feelings and concerns to your elected representatives in government. Your participation is important to us because we know from experience that politicians, and their staffs, do not consider action on a topic until a threshold of constituent contacts is reached.



Please note that we are not advocating any particular position on any of the issues we ask you to address. Therefore, we are not providing sample letters for you to print and sign. However, we have selected some issues on which we hope you already hold a viewpoint and would be willing to express your thoughts. If, by chance, we suggest an issue that you are not comfortable committing to any particular thought on, we hope you will still write or call your representatives with another issue of your choosing. The Marianist Social Justice Collaborative may provide an issue of interest to you at <https://msjc.net/get-involved>.

For your convenience, we are providing names, addresses, email and phone numbers for various elected officials, which can be found on the next page. You can find your Ohio State Senator or Representative by submitting your ZIP Code Plus 4 at <https://www.legislature.ohio.gov/legislators/district-maps>. That will identify your district and a picture of your elected official. Double click on the official's picture and you'll be provided a contact page including email, phone and address.

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Name	Address	Phone	Email
President Joe Biden	The White House 1600 Pennsylvania Ave N.W. Washington D.C. 20500	202 456-1111	https://www.whitehouse.gov/contact/
Senator Rob Portman	448 Russell Senate Office Bldg Washington, DC 20510	202 224-3353	https://www.portman.senate.gov/meet/contact
Senator Sherrod Brown	503 Hart Senate Office Bldg. Washington, DC 20510	202 224-2315	https://www.brown.senate.gov/contact/email
Congressman Mike Turner	2082 Rayburn House Office Bldg Washington, DC 20515	202 225-6465	https://turner.house.gov/email-me
Mayor Jeffrey J. Mims, Jr.	101 W Third St, Dayton, OH 45402	937 333-3653	Mayor@daytonohio.gov
Mayor Peggy Lehner	3600 Shroyer Rd, Kettering, OH 45429	937 296-2416	KetteringMayorCouncil@Ketteringoh.org
Mayor Brooks Compton	350 Roselake Dr Centerville, Ohio 45458	937 433-7151	bcompton@centervilleohio.gov
Mayor Sarah Mays	Xenia City Admin Bldg 107 E. Main St Xenia, Ohio 45385-3203	937 603-5643	smays@ci.xenia.oh.us

Word of the Year/Resolution for Lent - Chris Bohmer-Stewart

One of my childhood friends, seriously disheartened by misinformation, politicization, and half-truths, declared early in the year that her “word of the year” was “truth”. Another childhood friend emailed not long afterwards that she was also picking a word of the year – “choose”, reframing what could be grudging obligations into empowering choices. In a zoom call not long ago, they pressed me for my word of the year. Not being as decisive as they are, I stammered around a bit, but kept coming back to “flow”, a concept that first captured my interest years ago in the best-selling book aptly entitled “Flow: The Psychology of Optimal Experience.” Flow could be described as being fully present, unselfconscious and transformative absorption in the



experience and challenge of the moment. Most commonly associated with creativity, movement, and intimate conversation, the author gives inspiring and seemingly unlikely examples of flow in a welder’s ability to turn challenges into opportunities and action and even survivors of traumatic injuries to experience flow as they resolutely and sometimes even joyously carved new life paths for themselves.

Lately, Richard Rohr’s Daily Meditations and Fr. Tom’s sermons have touched on variations of the concept of flow – not just immersion in the present moment, but the Presence of God in everyone and everything, spiritual and earthly, past and present...recognizing that the drops of rain, the friends around me in church, the songs of birds, the struggling refugees on the other side of the world, my own yet-to-be-born granddaughter, are all united as one in the flow of the Presence.

For someone like me, who can get so distracted by ruminations and to-do lists and indecision, that I sometimes miss the beauty and sacredness of the moment



in front of me, moments of flow are especially important. So, yes, my word for Lent or for the year will be FLOW. What’s yours?

QAC STEWARDSHIP
A Way of Life

Lent - A Time to Share your Gifts

Do you know what God expects of you?

Believe it or not, God has very definite plans for each one of us. We are blessed with a unique set of gifts, skills, talents and resources so we can play a special role in building up the kingdom of God here on earth. To know God’s plans for us, we simply need to pray:

Lord, what do You want me to do with all the gifts You have given me?

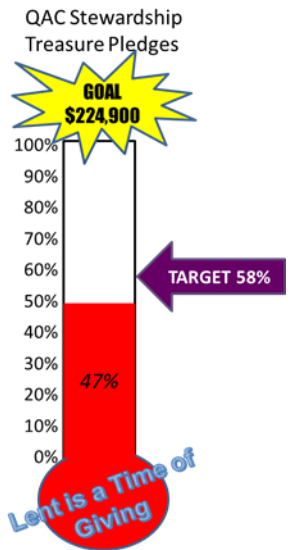
As you reflect, don’t think the word “stewardship” is all about money; that is not the case. Stewardship is all about **doing what God wants us to do** with the gifts we have been given. The challenge is that we cannot know what God wants from us unless we spend some time every day communicating with God.

In Acts 12:24–13:5, early Christians served the church in a variety of ways. Some were apostles, some prophets, others as teachers, healers, or administrators, whatever was necessary for the whole community to grow together and build up God’s kingdom on earth (1 Corinthians 12:28). Each person served their function for which God had called them. We at QAC really believe that and are truly a model for the Catholic Church. Although the various ministries may have different purposes, each one is very important to QAC’s vision of building “a community of love, and to be the holy people God calls us to.”

God is calling all of us to accomplish great things!



Kevin Skinner



This scale shows our weekly offering (Sunday collections) and our planned budget (target) for the 2021/2022 fiscal year, which started July 1st. Please remember that 10% our weekly offering goes to our Social Justice Ministry. Thank you for your support!

QAC FINANCIAL SUMMARY - JANUARY 2022			
	Monthly	Year to Date	Year to Date (Budget)
Collections	\$ 12,310	\$105,261	\$ 131,192
Other Income	\$ 68	\$ 2,829	
Total Operating Income	\$ 12,378	\$108,090	
Operating Expense	\$ 18,434	\$112,298	
Income Expense	\$ (6,056)	\$ (4,208)	
Report now EXCLUDES the following YTD non-operating items:			
Distribution: 2021 Grant Funds		\$ 4,000	
Excluded Income		\$ 8,208	
Note: Excluded income and expenses are one-time items, not expected to repeat			
Thank you for your generosity!			

For those unable to attend Sunday Liturgy, please don’t forget that we still need your financial support. Please mail in your weekly donations (address on front cover) or better yet, set up Online giving.

View the instructions to setting up online giving at

<http://www.youtube.com/watch?v=dRMfgKncvhM&feature=youtu.be>

CORRECTION IN VIDEO—QAC Zip Code was changed, so please disregard the last four of the zip code



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Happy Birthday to...

March Birthdays



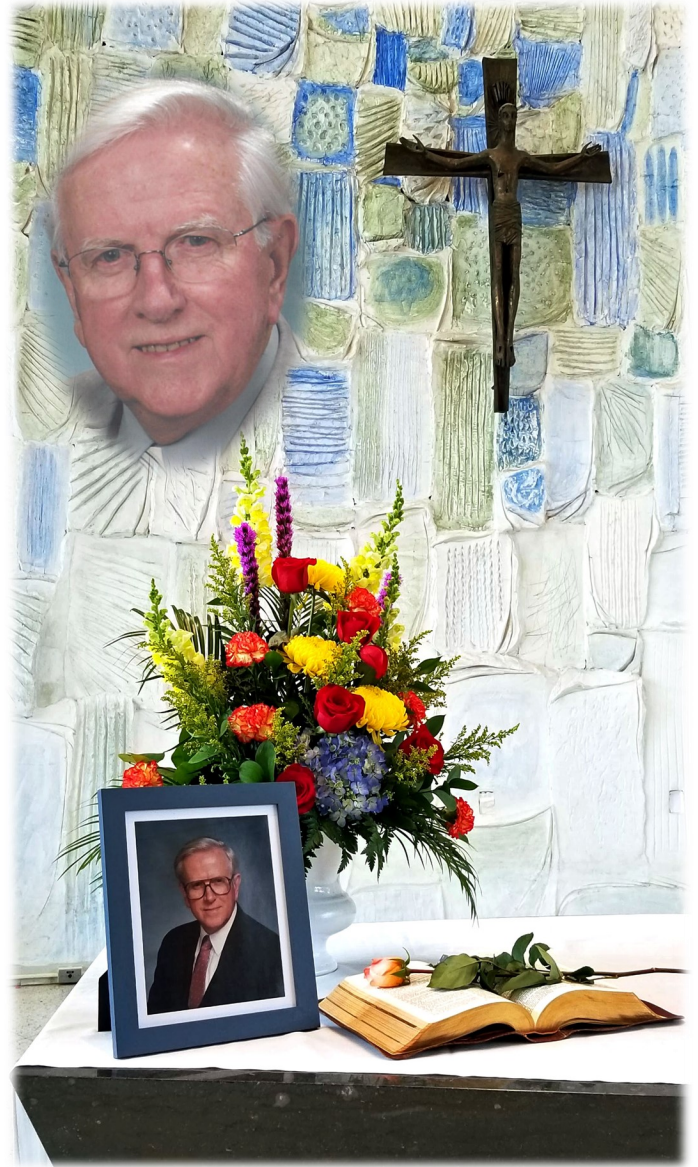
- 1 TERESA BLANKEN
- 1 AMANDA LYNN GALE
- 1 MICHELLE PETRIE
- 2 BARBARA LOBBESTAEI
- 6 BARBARA MORGAN
- 6 KEVIN MURNANE
- 8 JERRY WEISBECKER
- 9 ANDREW SEIBERT
- 14 COLETTE MISENKO
- 16 PAT CHMIEL
- 17 CAITLIN WORTHINGTON
- 21 AL FIKE
- 22 PAT HERMAN
- 22 MATT SEIBERT
- 24 DENNIS HERNIT
- 25 MARTI QUAKENBUSH
- 25 VALERIE WEISBECKER
- 27 CHLOE NEER
- 27 LINDA PITZER
- 29 DAN HUSER
- 30 DAVE ULRING

Blessings to all those celebrating a Birthday this month!

Our prayers are offered on your birthday that God will bless you with infinite peace, love, prosperity and happiness.

Please let us know if we missed your birthday! And if we did, we sincerely apologize!

In Memory of...Don Duvall 1929-2022

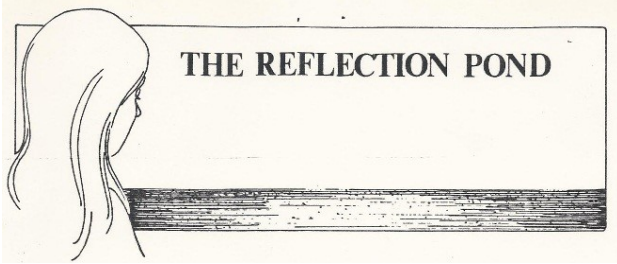


Don was humble to his core, and was regarded by anyone who knew him as "the nicest guy", and he truly was!!! His welcome was always so warm and genuine. He will surely be missed!



I try to read & reflect on a different book (or 2?) throughout Lent. This year, I'm attempting to get Saving Grace by Kirsten Powers (a book Fr Tom referenced in a homily a few months ago) and/or Seamless Garment by former Bishop/Cardinal Bernardin. Requested them thru the library.

Peace! Tom Z



Where have All the Children Gone

by Steve Guilfoos

*Strangely quiet . . . only the breeze
 . . . rustling in the grass
The playgrounds are empty
The ball diamonds bare
The soccer balls quietly casting a shadow
Even the video games lay silent*

Where have all the children gone ?

*The quieter it got . . . the more I realized
There were no barking dogs
Or song birds chirping
Only unworldly silence*

*Except . . . there was that gentle breeze
 . . . rustling in the grass*

*It was so quiet in America
And in China, in Ireland, and in Brazil
It was so quiet in Iran
And in Canada, in Malawi, and in Korea*

*Except . . . there was that gentle breeze
 . . . rustling in the grass*

*Then as I quieted and settled my mind
I began to hear that rustling breeze as a murmur
Indistinct . . . until I closed my eyes
And that murmur became whispers
And soon those whispers became the voices of children
And then I heard it . . . they were praying*

*I do not think they were praying for toys . . .
No, they were praying for peace.*





Seniors' Corner

By Chuck Bauer

March has two days that I look forward to. I started looking forward to the one on February 2 - "Six More Weeks of Winter". Actually, it is a little over six weeks between Ground Hog's Day and the first day of SPRING. Now I can truly start fantasizing about fishing.

If you check my boards, I posted information on the "South East Ohio Recreation Lands" - 60,000 acre area FREE for Camping, Fishing, Hiking, Hunting, or just Relaxing.

The Second is St Patrick's Day - "**Every One is Irish**". There are a number of great entertainment activities around mid-March:

Carroll High School St. Pat's Fest: <https://www.carrollhs.org/stpatsfest/>, March 11th and 12th. Food and entertainment both evenings. **Saturday, March 12th is "Free Family Day" from 12:00 Noon to 11:00**

PM: Rocking the Shamrock" - 70s, 80s, 90s rock, with some Irish thrown in:

2:00 - 4:00 The Hathaway's,
5:00 - 6:30 Ithika
7:00 - 8:30 Big Mother
9:00 - 11:00 Mad Hatter

Fairborn WTUE's St. Pat Rocks Day Festival: Thursday, March 17th **St. Pat's Day** <https://www.daytonlocal.com/events/st-pat-rocks-day-festival.asp>. Heated Tent at Main and North Broad Streets (\$10 wrist band), 10:00 AM to 10:00 PM. Great entertainment and food trucks.

10:00 – 12:00 Dulahan (One of my Favorites)
12:00 – 12:30 Dwyer School of Irish Dance
12:30 – 2:30 Dulahan
3:00 – 4:45 The Weekend Effect
5:30 – 7:30 Velvet Crush
8:00 – 10:00 Stranger

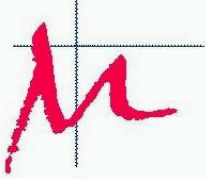
"Father Son and Friends", another of my favorites, will be at Flanagan's Pub at UD from 10:00 AM to 1:00 PM on the 17th - <https://fathersonandfriends.com/tour-dates>. They usually are at Harrigan's St. Pats morning. I don't like crowds, so I will be in Fairborn St. Pat's morning (mentioned above) with my Soda Bread with butter and preserves. Join me there. Corned Beef and Cabbage for supper with Ruby.

I will continue to check the internet for other activities, and will get them posted on the boards in the vestibule and possibly in the bulletin. As I was checking the internet for the Irish groups, I see that several of the parks are contracting for their summer concerts. The parks generally come out in mid-May with their full schedule. Looking forward to a great summer!

*Keep happy, healthy and strong,
Chuck*

Share your creative works with QAC! We would love to feature your artwork, writing, photo or other creativity in an upcoming Spirit.

Send your inspiration to gacspirit06@att.net by the 22nd of each month.



Welcome to our monthly section of The SPIRIT devoted to our youth

Building disciples of Jesus and true members of the body of Christ, grounded in his true presence in the Eucharist and ready to stand for the truth, that is the love of God, in any terrain of the battlefield

For any additional information please contact the Director of Religious Education (DRE) Joelle Martinez (509) 781-1369 or email at joellemartinez_qac@outlook.com

The Church and the Family

One of the distinctive features of the papacy of Saint John Paul II was the extraordinary time and effort he devoted to strengthening family life. In his letter to families (Gratissimam Sane), the Pope mentioned that man walks along many paths during his earthly pilgrimage, and among these paths, the family is the first and the most important one. It is a path common to all, yet one which is particular, unique and unrepeatabe. It is a path from which we cannot withdraw.

If in fact, Christ “fully discloses man to himself”, he does so beginning with the family in which he chose to born and to grow up. Even more so, the incarnation has an intimate connection with every human family because Christ unites himself in some sense with every man. Since the Church follows Christ in service, serving families is one of the first duties of the church. In this sense, both man and the family constitute “the way of the church.”

What is the domestic church?

The domestic church describes the identity and the mission of a Christian family. This ideal goes back to the Old Testament. In Joshua we read: As for me and my house, we will serve the Lord (Joshua 24:15). One of the missions of the domestic church is a priestly one. It is lived by praying together and offering the family’s daily life and activities to God. Members also live their priestly mission by receiving the sacraments together as a family. Through sharing the very personal act of prayer together, families become unified in trust and love. They begin to see their loved ones with the eyes of God. In his letter “Amoris Laetitia”, Pope Francis writes “a few minutes can be found each day to come together before the living God, to tell him our worries, to ask for the needs of our family, to pray for someone experiencing difficulty, to ask for help in showing love, to give thanks for life and its blessings, and to ask Our Lady to protect us beneath her maternal mantle. With a few simple words, this moment of prayer can do immense good for our families.”

RE families during Lent at QAC

The RE program will dedicate this Lent to help families build their domestic church by working on their priestly mission. So far, we have been offering faith formation opportunities that enrich the prophetic mission of the domestic church. This aspect will continue to be a priority as we believe in the great responsibility of parents to teach the truth and to give a solid religious foundation to their children. In addition, the priestly mission will be nurtured by offering RE families a “Lenten kit”. This kit (Candle, cloth, crucifix, rosary, Catholic book of prayers, prayer journal, letter to families booklet, music CD, etc.) will

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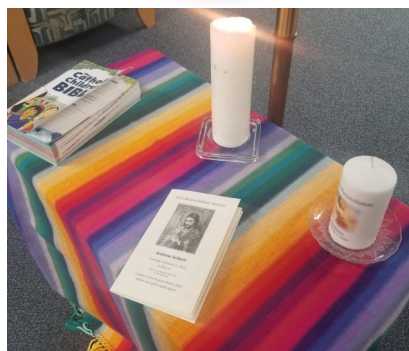
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(Continued from page 11)

allow all to build a domestic altar in case families do not have one yet, and will provide prayers and reflections to enrich the family daily prayer life.

Jesus, Mary and Joseph are now reunited in Heaven, once again sharing in each other's love. This is our own hope too, that having been baptized into Christ and living a life of faith in him, we may die with him and also be raised with him to eternal life; not just us, but our entire family. The eternal salvation of our family is a cause worth fighting and sacrificing for. We have, not only a model to follow in the Holy Family, but we can also pray for their help in our own Lent. We pray for blessing and continual transformation for all QAC families throughout this Lent.

Congratulations to Andrew Seibert who made his First Reconciliation on February 1, 2022



Follow us on our Facebook page at www.facebook.com/Queen-of-Apostles-Community-117192511632358/

Stations of the Cross

Join us for Stations of the Cross each Saturday morning at 10:00 AM during Lent starting March 5th. The Stations of the Cross chosen for Lent 2022 at QAC are based on those celebrated by Pope John Paul II on Good Friday in 1991. They are an alternative to the traditional stations as a way of reflecting more deeply on the Scriptural accounts of Christ's passion.

- + **March 5:** *For the intentions of QAC, in its present and future state* - Place: Chapel
- + **March 12:** *For the intentions of all ministries at QAC and their work* - Place: Chapel
- + **March 19:** *For the intentions of all of QAC families* - Place: Outside by Novitiate
- + **March 26:** *For the intentions of our youth at QAC* - Place: Outside by Novitiate
- + **April 2:** *For the intentions of QAC kids* - Place: Chapel
- + **April 9:** *For the intentions of all QAC members* - Place: Chapel



The Stations of the Cross will be live-streamed on all dates except for March 19 and March 26. Hot drinks and cookies will be provided in the vestibule at the end of the devotion for some fellowship time. Be sure to check the bulletin for any updates.



“The Sound of Violet” is a feature-length romantic comedy based on the award-winning novel by Allen Wolf. Audiences will see autism and human trafficking through a new lens through this compelling story that has won multiple awards. This is Allen’s second movie; his first, “In My Sleep”, also premiered in Dayton a few years ago. Allen Wolf was a QACer as the son of Malinda and Al Wolf (many will remember Al, who passed away in 2020). A film prodigy at a young age, Allen was featured in an article titled “Move Over Steven Spielberg—Here Comes Allen” when he was just 17 - (<https://allenwolf.com/wp-content/uploads/2016/03/Article-Move-Over-Spielberg.jpg>). Allen is also the creator of numerous games. Check out his website at: <https://allenwolf.com/>

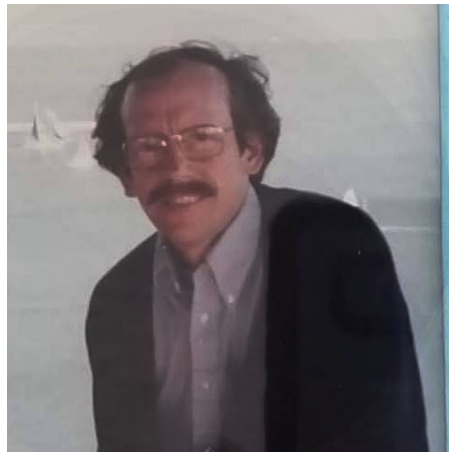
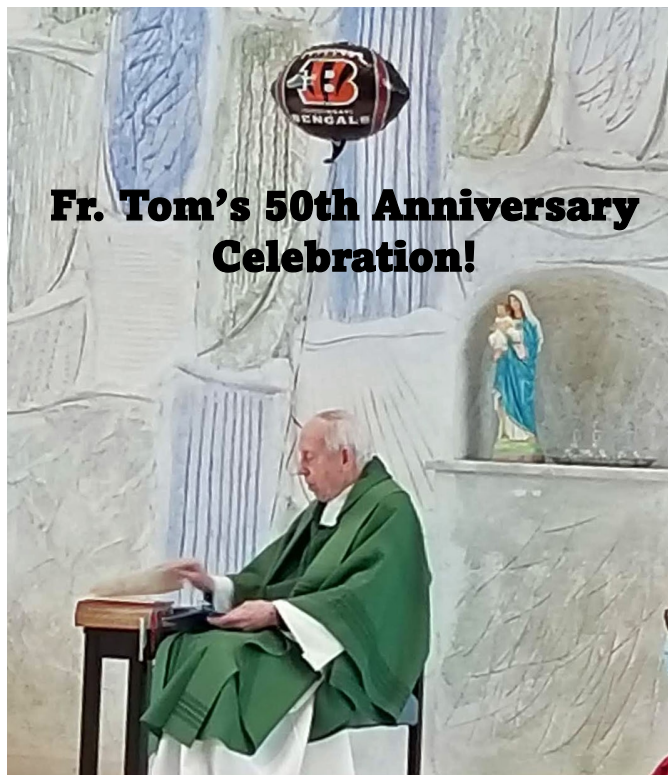


**Happy 30th Anniversary
Marti and Tom Quakenbush**



March 27

QAC Spotlight



NBA, Here I Come!

By Jack Simpson

Our very own Sarah Stewart has been playing basketball for more years than I can count. And she has become quite good at the sport.

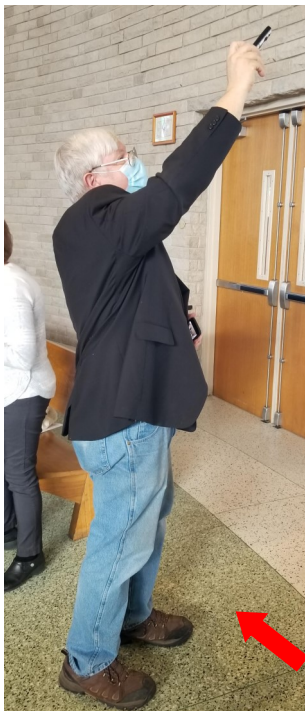
I had the pleasure of watching one of her weekly Monday evening set of practices, drills and game. Her coaches and his assistants really gave Sarah and her teammates a workout on fundamentals of dribbling, passing, shooting and playing defense. They have been doing this for years and the amount of improvement is impressive.

The game that wrapped up the evening was fast-paced with a lot of running and scoring. And they did all of this while wearing masks (for the first time, I am told). Sarah never seemed to get tired in spite of all of her running, passing and defense. She is quite the skilled basketball player and a great teammate.

If any QAC'ers find time in their Monday evening schedules and would like to watch some spirited basketball (and perhaps reminisce about your own experience with basketball drills, practices and games), check with Sarah or her mother to get the details. You don't even need a ticket. It's free! But you do need to know how to clap and cheer.



Go Flying Eagles!



Dan, Dan, QAC's Photo Man - Birthday Surprise



Kevin Murnane, our dedicated Virtual Streamer



Youth Mass—January 2022



Fr. Gene Contadino



Welcome New Members

John and Kathy Zaidain

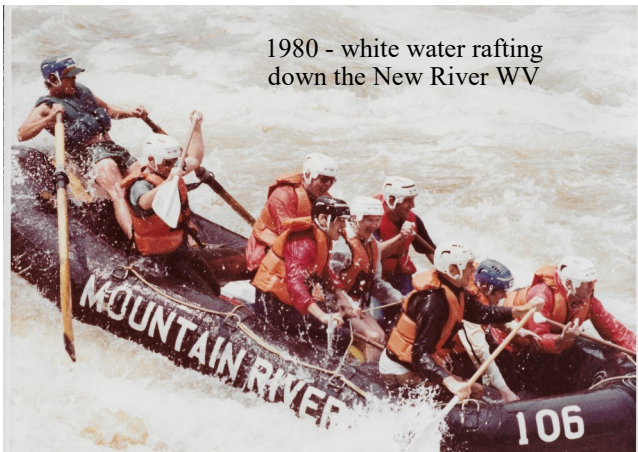
Blast from the past



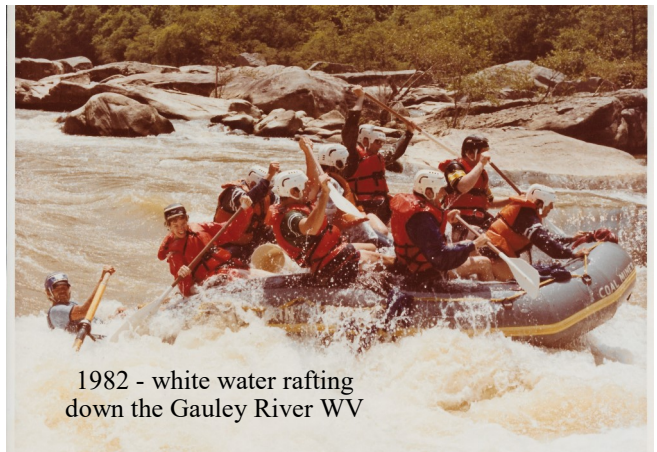
Drawing created by Mike Peters in 1980



QAC Day 2013 - Tom Quakenbush and Dan Nagle singing "We Remember How You Loved Us"



1980 - white water rafting down the New River WV




1982 - white water rafting down the Gauley River WV

Pictured Left to Right: John Tishaus, Herb Boyer, ?, Marilyn Schwieterman, Tom Toops, Pam Tishaus, Tom Quakenbush, and Steve Guilfoos

Pictured Left to Right: Mary Guilfoos, Dan Nagle, John Tishaus, Pam Tishaus, Steve Guilfoos, Tom Quakenbush, Marilyn Nagle, and AJ Wagner

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daylight Saving Time Begins March 13 th . Remember...Spring Forward		1	2 Ash Wednesday Mass 7:00 PM	3 7:00PM QAC Leadership Team Meeting (virtual) 7:30PM Choir Practice	4	5 10:00 AM Stations of the Cross—Chapel
6 1st Sunday of Lent 10:30AM Mass (Live Stream Available) 10:30AM Religious Education Fresh Produce Collection	7	8 International Women's Day	9	10 7:30PM Choir Practice	11	12 10:00 AM Stations of the Cross—Chapel
13 2nd Sunday of Lent 10:30AM Mass (Live Stream Available) Liturgy Planning after Mass	14	15	16	17 St. Patrick's Day 7:30PM Choir Practice 	18	19 10:00 AM Stations of the Cross—Outside Novitiate
20 3rd Sunday of Lent 10:30AM Mass (Live Stream Available) 10:30AM Religious Education World Day of Social Justice	21	22	23	24 7:30PM Choir Practice	25	26 10:00 AM Stations of the Cross—Outside Novitiate
27 4th Sunday of Lent 10:30AM Mass (Live Stream Available) Community Meeting following Mass in Chapel	28	29	30	31 7:30PM Choir Practice		

QAC's Leadership Meeting is normally held the first Thursday of each month. Minutes are posted on the QAC website, as well as current and back issues of the QAC Spirit Newsletter, homilies and reflections, and so much more!