



A Marianist Community

QAC Spirit



Community Coordinators' Corner

We congratulate and welcome our new Community Coordinators - Joan Ivory and Linda Folmar - as they take the helm effective July 1st. Linda and Joan will alternate every other month to create articles for the Spirit. This month's article was created by Joan.

Thank you Joan and Linda for volunteering to lead our community!



I can think of so many instances within our Queen of Apostles Community, over five decades, where we individual members had distinct differences of opinions but we still experienced synergy and mutual respect for one another. One illustration I can offer is when our founders were trying to decide how many households we could accommodate in the membership of QAC. Keep in mind that the chapel seats 450 people. One faction vehemently voiced that we should allow open membership to accept as many people who wanted to join; others, just as vociferously, wanted to limit membership to 100 households. The current number of registered households at the time was 200. The compromise we came up with was to limit membership to 200 families and maintain a waiting list for new membership. Those were crazy times, it was an unsettling experience at the time, but luckily it was a solution that we worked out together. So now I'd like to relate two more recent examples.



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One specific thing that affected me personally occurred a few weeks ago. Let me admit to you that I am a person who recognizes when the Holy Spirit is calling to me – but that recognition generally happens when She “calls” me by hitting me square between the eyes. (Think of St. Paul being knocked to the ground, like “Oh, so THAT’S what God wants me to do.”) By contrast, my friend, Linda Folmar is quite different in that she actually invites the Holy Spirit into her life and listens to Her on a regular basis. So, during a reception in Si Lounge, Linda approached me and gave me a hugger-than-usual hug, during which I could actually feel her transferring the Holy Spirit into me. And when Linda then asked me to be her partner as Community Coordinator, how could I possibly say “No”? She and I are two very different personalities, but we firmly believe that by combining our separate talents and traits (and our differing methods) we can serve as Community Coordinators as a team. And

(Continued on page 2)

(Community Coordinators' Corner continued from page 1)

our mutual intention is to help keep the Community running smoothly for as long as we still exist in our current (parish) format.

The next example, of course, relates to the transition that QAC will be working through in the very near future. As we have seen from past surveys and as we will see in the next few weeks, the input that each of us provides to Matt and Meghann has fallen and will fall in extremely different places along a vast spectrum of opinions and desires and spiritual needs. But Linda and I have every confidence that Matt and Meghann Naveau have the skills and expertise to discover and discern commonalities amid all that input. We trust that they will give each member of QAC an opportunity to “own” and contribute to the process and to affect a very positive outcome. Already I have seen evidence that Matt and Meghann are truly listening to each of us – so please be open and honest when asked for your input. Let your voices be heard. We are very optimistic that, when we all work together and when we all allow the Holy Spirit to guide us, we will find the common ground that will keep Queen of Apostles Community a faith community that will continue for many years to come.

God bless us all! *Joan*

Short Bio: I have been an active member of QAC literally all my adult life, during which I have served as Community Coordinator (in the early 2000s) and now as Co-community Coordinator. I look forward working with Linda and to many more years with my friends at QAC.

Linda Folmar's Bio

I have been a member of Queen of Apostles Community since the summer of 1974. It was exciting to become part of a church home that wanted all members to be actively present in community life. Because I had two preschool age daughters, I volunteered as an RE teacher. I immediately joined the choir because I loved to sing. The choir became my extended family. Along with fellow choir member Sheila Kerr, I started working with the liturgy planning committee by helping planners choose music for their liturgies. At that time every family was expected to plan one liturgy a year!

By the mid 1980's, I began filling in for the Music director as needed. When she stepped down as director, I was given the opportunity to serve our community in my dream job as Music Director. What a joy! Best job ever! I was Music Director from 1986 to 2002. From 2005 to 2007, I co-directed with Teesie Lupp. After that, I served as Liturgy Coordinator from 2014 to 2017.

As a trained Circle Keeper, I have led Circles for community building, for discernment in community decision making, and for Community Conversations about our liturgy. As member of the Ministry of Consoling, I work with other committee members leading circles to help those who have lost a loved one process their grief.

As community coordinator, I am excited to help our community take a deep look at what we cherish in our life together and want to carry with us into the coming years; and to open our hearts and minds to what the Holy Spirit is calling us toward.

Linda Folmar

Share your creative works with QAC! We would love to feature your artwork, writing, photo or other creativity in an upcoming Spirit.

Send your inspiration to qacspirit06@att.net by the 22nd of each month.



Kevin and Linda Murnane

SOCIAL JUSTICE MINISTRY

HELP WANTED

It amazes me sometimes how timeless the messages of both the Old and New Testaments of the Bible are. Since I am a lawyer, and sometimes a judge, I also have the same reaction to the U.S. Constitution in the work I do daily.

The message for Social Justice is timeless and is borne out in both the Old and New Testaments as well as in the U.S. Constitution. As July rolls around, it occurs to me that the “Help Wanted” sign for persons committed to Social Justice can be found in each of these important instruments in our lives as

Catholics, as Christians and as persons committed to the Marianist Charism.

For example, in Proverbs 19:17, we are told “Those who are gracious to the poor lend to the Lord, and the Lord will fully repay them.” In Isaiah 30:18-19, we are told “So the Lord must wait for you to come to Him so he can show you his love and compassion. For the Lord is a faithful God. Blessed are those who wait for his help.”

In the New Testament the message is important enough that it is included in the Gospel by both Matthew and Luke. In Matthew 9:35-38, we are told “The harvest is plentiful but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.” Similarly in Luke, 10:2, “He said to them, ‘The harvest is plentiful, but the laborers are few; therefore, ask of the Lord of the harvest to send out laborers into his harvest.’”

What about the U.S. Constitution, you ask? I am quoting now from its preamble: “We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.”

July, therefore, is a perfect time to ask the Holy Spirit for guidance as to where you can best respond to the “Help Wanted” signs set out in these core instruments in each of our lives.

As you each are likely aware by now, Kevin and I will most likely be leaving our QAC family in the near future. We try to live our lives by listening to the whispers of the Holy Spirit and feel we are being called by the Holy Spirit to a new mission in our lives. The Social Justice Ministry, therefore, is in need of new and inspired leaders to continue the work that Chris Sitko, Nimfa and Jack Simpson so ably performed before us and to build on the work the QAC Family has enabled during our time leading this ministry.

But the “Help Wanted” sign is actually broader – much broader – than just that request. As was discussed when we met with the women who accepted checks for the work being done on the Community Gardens at Bridges of Hope in Xenia and at Homeful in Dayton, we added that volunteers are needed to work in those gardens which provide healthy fresh produce to individuals in low income circumstances. The Mission of Mary Cooperative, which is a Marianist 501(c)(3) community garden cooperative throughout the Dayton area is also in need of volunteers. The Marianist Environmental Education Center which is housed in St. Joseph Hall on the grounds of Mount St. John also welcomes volunteers.

If gardening and farming aren’t the need where you are called to serve, there are so many other options available where your services are needed in our communities. We recently wrapped up our successful “New Life Baby Shower” supporting Brigid’s Path and the St. Elizabeth New Life Center. They are always in need of volunteers. QAC has a decade long tradition of supporting St. Vincent de Paul through the work of Tom and Margie Hudnell. Currently facilitated primarily by Sarah Stewart and Chris Bohmer-Stewart, QAC continues to provide generous weekly donations, including our first of the month *Produce Sundays* collecting fresh produce, which are greatly appreciated. We have a team of volunteers who have long served as cooks for the Schneider House of Hope providing meals for those temporarily without stable housing in our community. Martie Holda has made countless baby blankets. The list goes on and I don’t even pretend to know all the good that our community members are doing!

The Lord’s “Help Wanted” sign is still easily discovered throughout our community. We urge you to ask the Holy Spirit which of the many “ads” might be the right fit for you to answer God’s call “to send out laborers into the harvest.”

Matt and Meghann Naveau - QAC's Transition Coordinators

We've been reminded time and again in recent years that life will bring many challenges we never expect. And, we've seen time and again how God has prepared us for the needs of the moment.

We didn't expect that a few months after our family joined QAC we would learn that the parish would be facing a transition. And yet, we have prayerfully discerned a call to lead our community into a new season.

Meghann helped lead a process at our former parish to articulate "who" our parish was and to introduce the parish to the newly assigned pastor. Her professional work providing marketing and communication consulting for nonprofits and small businesses was helpful for that process - and will be for this one, too!

By day Matt leads a team of 60+ engineers at a software startup in Dayton. He's well-versed in building something new, listening to what customers and his team need, and finding a way to move forward for the common goal and good. Matt is also involved with several Marianist organizations, and we belong to a lay Marianist community with several friends who share our UD roots.

We are deeply grateful to be part of QAC and to help lead our community into a new season. QAC has been a soft-landing place for us and for so many, and we believe it can continue to be a beacon for those who seek community and a safe refuge.

Below is our timeline and approach for this transition work. Thank you for your prayers, support and openness during this time of preparation.

If you're interested in helping in a specific way (or providing general assistance with any part of this work), please let us know. We're eager to work with all of you in building a new season of QAC!

With peace and love,

Meghann and Matt Naveau
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matt.naveau@gmail.com; 419-852-3454



QAC Transition

We are grateful for the work of so many, including the Futures Team, who have started to consider what our Queen of Apostles Community might look like at the time that we no longer have an assigned pastor. We are looking forward to building on the work and learning that's already been done and helping to lead our community into a new season.

Today, facing the closure of our beloved parish sometime in the next couple years, we have an opportunity to read the signs of the times – as our Marianist founders encouraged – and create something new.

The goal of the process outlined below is to identify what the next season of QAC may look like to help meet as many of the community's needs as possible. **The foremost need to explore is the ability of the current community to create a pastoral, parish-like atmosphere to serve as a spiritual home.** Additional needs to consider and explore include:

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(Continued from page 4)

- Staffing our community (priest, pastoral associate, music director, DRE, and other positions as defined by community needs)
- Meeting space (taking into account current and future needs for liturgy and community gathering)
- Financial support/resources

We're proposing a three-phase process to help move us into our new season. This has been shared with the Leadership Team and given blessing to move forward:

PHASE 1: Identifying Options and Needs (June to September 2022)

Actions in this phase will include:

- Define immediate options available to QAC for future community structure
- Gather input from existing community on what we need QAC to be in the future
- Explore options for QAC as part of broader Dayton Marianist Family Council, Marianist Lay Communities of North America, and other Marianist bodies
- Recommendation of what QAC of the future could look like shared with Leadership Team and Community

PHASE 2: New Community Formation/Creation Planning (Approximately Fall 2022 - early 2023)

Actions in this phase may include:

- Creation of mission statement, vision and values using the identified needs of the community/what we need and want QAC to be in the future
- Naming the community
- Organizing the "formal" structure of the new community
- Creating operating procedures for the new community
- Identifying meeting space based on current/future needs of the community

PHASE 3: New Community Implementation (TBD; Approx. Spring/Summer 2023; specific actions and steps to be created as we move through first two phases).

Though this undertaking may feel daunting, we can look to the example of our Marianist founders – Father Chaminade, Blessed Adele and Venerable Marie Therese – for guidance.

And, though there is still much uncertainty ahead of us, there is also a great opportunity to collaborate with God and each other. It may look different than the parishes geographically near us, but that cannot scare us into paralysis.

Rather, let's embrace our opportunity to continue our work of building a community of love and being the holy people God calls us to be. This is our moment to carry on the mission Jesus calls us to do in loving one another in a new season.



Serving as QAC's Community Coordinator definitely is rewarding, but it can also be challenging at times. No one knows that better than the coordinators who have served in the past!

So, we say... **Thank You Terri Blanken**, for your leadership and all you did to keep QAC moving forward in the last two years, especially during COVID!

You truly are a QAC Treasure!

I've Seen America

By Chris Bohmer-Stewart



I've seen America in Stubbs Park...no, not in the flags or the stone and metal memorials, but in the people. I've seen America in the Hispanic families gathering for their cricket games every weekend. I heard America in the Jamaican accent of the smiling, joyful man who interrupted the fishing lesson for his grandson to say hello to us strangers and chat a moment. I saw it in the Indian couple dealing with a recalcitrant grill while their bored teenage daughter sat at the picnic table, scrolling through her cellphone. I witnessed America in the presumably Muslim woman wearing a black and red headscarf and long matching sari while she took cellphone video of a Bruce Springsteen tribute with one hand while moving her baby's stroller in gentle rhythm with the other, accompanied by a close-by toddler, eventually joined by her husband and three other children, leaping as they approached. I could almost taste America as I watched three Asian middle school girls perched on a huge rock, laughing as they enjoyed their red, white, and blue snow cones.

As I gazed up into the mounds of clouds above the amphitheater, savoring the brush of a breeze, I thought of Richard Rohr's reminders that God is in everyone and in everything – in the people, in the dirt below, in the sky above. Then my thoughts drifted to the lines in Joyce Rupp's "Return to the Root" that we are reading for Adult Faith Formation, "Scientists assure us that the air we breathe into our lungs has circulated in Earth's atmosphere throughout the ages. We are inhaling the recycled air that...anyone who lived on this planet breathed. We join in this universal and ancient breath uniting us through gentle breezes and ancient gales." In my mind's eye, Washington and Hamilton and Lin-Manuel Miranda reached out to the many veterans here in their service baseball caps to jointly sing a proud, slightly hip-hop refrain of "This Land Is My Land". Joining them, among untold others, would be the rhythmic dance of the Taos pueblo ancestors from 1200 years ago and the Iroquois whose Great League of Peace would inspire Ben Franklin as he helped craft the constitution of the United States of America some 650 years later, a country those veterans at Stubbs and countless others would defend time and time again.



A few decades from now, that same "universal and ancient breath" will be the first breath drawn by the children's children of those Hispanic cricket players, that Jamaican grandson, that bored Indian teenager, the Muslim baby rocked to Bruce Springsteen, those Asian girls with snow cone tongues, the children of those veterans, and every other child with their walking tacos and soft German pretzels and dancing feet.

In Stubbs Park, I can feel America...and pray those children's children will recognize their common and eternal breath and join in bonds of peace.

QAC STEWARDSHIP

A Way of Life

MAKING A DIFFERENCE”.

As we begin summer, I came across a story of a young boy who went to the beach for vacation with his family. He was sad to see that every day as the tide went out, hundreds of starfish were left to dry up and die on the beach. Each day he would run along the beach, looking for starfish and throw them back into the water. His parents, frustrated that he was not building sandcastles and splashing in the water as they expected, tried to discourage this behavior.



Kevin Skinner

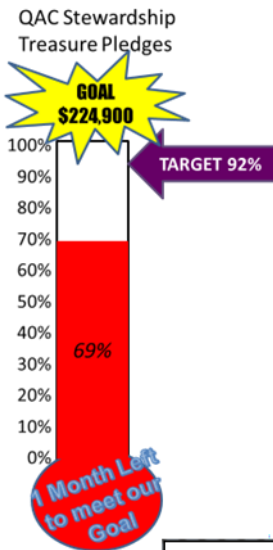
As they walked along the beach with him, searching for starfish, his mother said, “Why are you doing this? When we go home, there will be no one to do it. What difference does it make?”

His father added, “You are wasting your time. Think of all the starfish that get washed up on beaches all over the world every day. You can’t possibly make a difference.”

The little boy stubbornly picked up one more starfish, threw it back out to sea, turned to his parents and said, “I made a difference for that one!”

Remember, that Stewardship is not about changing the world, but doing a little part that may change the life of just one person.

This scale shows our weekly offering (Sunday collections) and our planned budget (target) for the 2021/2022 fiscal year, which started July 1st. Please remember that 10% our weekly offering goes to our Social Justice Ministry. Thank you for your support!



QAC FINANCIAL SUMMARY - MAY 2022

	Monthly	Year to Date	Year to Date (Budget)
Collections	\$ 15,689	\$155,069	\$ 206,158
Other Income	\$ 712	\$ 4,709	
Total Operating Income	\$ 16,401	\$159,778	
Operating Expense	\$ 13,669	\$179,091	
Income Expense	\$ 2,732	\$ (19,313)	
Distribution of 2021 Grant Funds		\$ 9,000	
Excluded Income		\$ 18,594	

Note: Excluded income and expenses are one-time items, not expected to repeat. Thank you for your generosity!

For those unable to attend Sunday Liturgy, please don't forget that we still need your financial support. Please mail in your weekly donations (address on front cover) or better yet, set up Online giving.

View the instructions to setting up online giving at

<http://www.youtube.com/watch?v=dRMfgKncvhM&feature=youtu.be>

CORRECTION IN VIDEO—QAC Zip Code was changed, so please disregard the last four of the zip code

*May the Father, the Son and the Holy Spirit be glorified in all places
through the Immaculate Virgin Mary*

Marianist Doxology



Seniors' Corner

by Chuck Bauer



July is for "Fireworks"!!!

I reviewed the local fireworks displays, along with general July 3rd & 4th activities and listed a few for your enjoyment.

All of the parks have food trucks, entertainment, with fireworks starting at 10:00 PM. The parks were very sketchy as to what groups will be providing the entertainment.

- * **Dayton - July 3rd, RiverScape Park** - 1:00 to 10:00 PM. Lights in Flight Festival. This is possibly the best fireworks display in the area, set off over the RiverScape Fountains.
- * **Centerville Americana Festival - 50th Anniversary**
 - **July 3rd** - Fireworks at High School Stadium, 500 Franklin Street. Gates open at 6:00 PM with entertainment at 8:00 PM.
 - **July 3rd** - Stubbs Park, 7:00 PM. Celebrating of the 4th - Community Band and Chorus.
 - **July 4th** - Americana Festival in old downtown Centerville, Main Street, south of 725. Parade at 9:00 AM followed by a multitude of family-oriented activities, car show, 5K, games, vendors, etc.
- * **Kettering July 4th, Delco Park** - 6:00 to 10:00 PM. If you just want to watch the fireworks, park in the shopping center on the south side of Dorothy Lane.
- * **Beavercreek July 4th, Rotary Park** - Parade at 6:00 PM from Meadowbrook to the high school with activities in the park. Many people park in the housing project north of the park to watch the fireworks.
- * **Fairborn July 3rd, Downtown Main Street** - Family Block Party, 2:00 to 10:00 PM.
 - July 4th - Community Park Fireworks and everything, 5:00 to 10:00 PM.

July is also for "Free and Nearly Free":

- ◇ **Dayton RiverScape:**
 - **Big Band Night** - Thursdays, 7:30 PM
 - **July 7th** - Dayton Jazz Orchestra
 - **July 21st** - Berry Campbell Big Band
 - **Dayton Celtic Festival** - Fri, Sat, Sun, July 29th-31st Great Irish Music all three days. I always go on Friday, 6:00 to 11:00 PM - less crowds, but the same great groups.
- ◇ **The Frazee:**
 - **Kickin' Chicken Wing Fest 2022** - Saturday, July 9th, 3:00 to 10:00 PM. Free Festival and Music.
 - **Air Force Band of Flight** - Wednesday, July 27th, 7:00 PM. Free event.
- ◇ **The Greene:**
 - Three Block Parties. Good Entertainment - Saturday, July 2nd, July 16th, July 30th, 6:00-9:00 PM.
- ◇ Check out Dayton Levitt Pavilion, Lofino Park, Stubbs Park and all the information on the boards that are in the vestibule!



Remember Keep Positive, Safe and Healthy; Thinking of You!

~ Chuck



Follow us on our Facebook page at www.facebook.com/Queen-of-Apostles-Community-117192511632358/

Red, White & Blue and Grandparents Too:

~ Marti Quakenbush

Coming from a family of pioneers and also having family members who have served in our Armed Forces, the two flags pictured here are of great importance to me. The flag with only 48 stars belonged to my grandparents, John Luther and Goldie Breedlove who in 1910 were part of the 2nd Colorado Homestead Act. When New Mexico and Arizona became our 47th and 48th states in 1912, my grandparents somehow obtained this flag and hung it in their house as a partition between their sleeping area and that of their children. Times were hard as you can see in the photo of my mother and aunt (ages 2 and 3) plucking chicken feathers (see shadow of my grandparents as they are taking the picture?), but the Breedloves were strong people and very patriotic. Grandpa was denied being able to serve WW1 and when they gave up homesteading and moved to Indianapolis, he never missed carrying this flag attached to a long pole in every downtown Indy holiday parade.



The second flag was a gift to me from a special co-worker and it has the proud distinction of having been flown atop the US Capitol on Christmas Day, 2001. It is a great reminder of our country's resilience to recover in the tragic aftermath of the attack on our nation on 9/11.

We are proud to display our flags and proud of All the people of these great United States! God Bless the USA! And God Bless QAC!



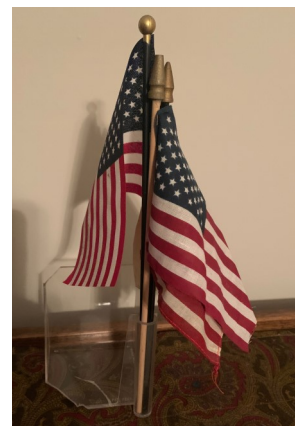
The American Dream

My father, Dave Nanda, came to the United States in 1961 emigrating from New Delhi, India. He was the youngest of 8 children and his family had no money for his education. He attended a local agricultural college in India. He was then offered a full scholarship to the University of Wisconsin where he attained a PhD in Agronomy. He had come to this country with \$20 in his pocket.

Dave Nanda became a plant breeder and worked with farmers aiding their corn and soybean crops to produce more feed for pigs, cattle and people. His career has lasted over 50 years in helping the farm belt and increase crop yields.

By the nature of his work, we lived in rural Indiana and Iowa. In 1976, my parents became citizens of the United States of America. The small town of Windfall, Indiana stopped and celebrated, throwing them a party with red, white and blue cake and flags. I still have the flag presented to my parents and cherish it. It still amazes me how happy the town was to have my family become a part of the fabric of this country. We are privileged to call this great country our home and I am thankful to God every day.

Arvin K. Nanda





Happy Birthday to...

July Birthdays



- 1 DENNIS FOLMAR
- 3 JOHN HOSFORD
- 3 MARGO R. METZMAIER
- 10 LAURA FIKE
- 13 ANDREA EVESLAGE
- 14 TANYA GROFF
- 16 MARILYN NAGLE
- 16 PAT REICHARD
- 18 GARY CASHERO
- 18 WILLIAM PERRY
- 19 CHARLETTE BUESCHER
- 19 RYAN REPASY
- 20 LOIS BIGLER
- 20 ELIZABETH SORENSEN
- 21 KATHERINE COOPER
- 21 MARIAN GALE
- 22 SAVANNAH GROFF
- 22 BETHANY ULRING
- 23 ROBERT BOCHENEK
- 23 PAT HUSER
- 24 MARY GANGER
- 24 CHRISTINE SITKO
- 27 JOSETTE NANDA
- 27 TOM PAPP
- 28 DICK DiLORENZO
- 28 JANET MERRELLI
- 28 JACK SIMPSON
- 30 LINDA SKINNER

Blessings to all those celebrating a Birthday this month!

Our prayers are offered on your birthday that God will bless you with infinite peace, love, prosperity and happiness.

Please let us know if we missed your birthday! And if we did, we sincerely apologize!

July 2022 Seniors' Corner Supplement Ruby and My Experience with COVID Omicron

This supplement is to provide the QAC Seniors' Community with Ruby and my recent COVID experiences, in hopes that it will help you prepare in case you are infected.

I came down with the symptoms (discussed later) late Tuesday evening, June 14th. We tried to figure out the COVID self-test instruction, but in frustration, I told Ruby that I was going to Soin Emergency. This was the best decision, since we have very good health insurance. We got there about 10:45 PM. All work was performed in a side Triage Room. By 2:30 AM, I was tested, received results (positive), consulted with the medical staff, received a Monoclonal Antibody Infusion, rested one hour to ensure there were no side effects, and received discharge instructions which included calling my family doctor. By Thursday evening, I felt very well and finished cutting the grass that I started Tuesday late afternoon.

Ruby came down with her symptoms around Wednesday noon. She called her family doctor and got an appointment to come in on Thursday early afternoon. The nurse indicated they would get back to her with instructions for the Monoclonal Antibody Infusion. At 10:00 AM on Friday, with no call from her doctor's office, I told Ruby that we should go to Soin Emergency. I dropped her off, parked the car, when I got back, she had everything worked out and was placed in the waiting queue. We got home at about 3:00 PM with the Infusion.

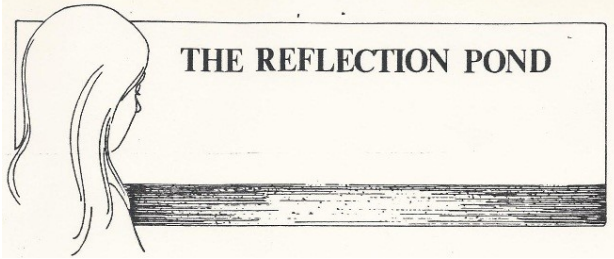
Overall, I had my symptoms for about 12 hours, Ruby had her symptoms for at least 48 hours before the infusion, and Ruby's symptoms were much worse than mine. **The BEST decision was to go to Soin Emergency immediately. I recommend this if you have good insurance.** COVID is nothing to be delayed treating. Over 50% of the hospitalizations are for seniors over 60 yet, ~25% of the population.

Our symptoms: COVID Omicron for Ruby and I produced the worst sore throat we have ever had, and it seemed to develop fairly rapidly; considerable sinus drainage and pressure; headache; pain/discomfort behind the eyes; fluid in the ears; and decreased hearing. At times, joint pain in our ankles and knees, and occasional stabbing.

Over-the-counter medications that we normally keep in our medicine cabinet were recommended by my doctor to take with my initial COVID symptoms, which helped.

Stay healthy, but if you think you have COVID, call your doctor, and be sure to consult with your doctor before taking any medications!

~ Chuck



Celebrating Freedom

By Steve Guilfoos

The birth of a nation
With the ideal of freedom for all
Is it the paper they signed
Or the dream they dreamed
Is it the red, white, and blue
Or the blood they spilt
Is their dream, your dream
Is their ideal, your ideal
Is their “freedom”, your “freedom”

Let us take time this holiday
To realize that freedom is
More than signatures on a piece of paper
More than an ideal
More than a dream

They told us to “love it or leave it”
But we knew “love” was simply not enough

Freedom requires work and dedication
By each of us . . . calling ourselves American



My Green Cathedral

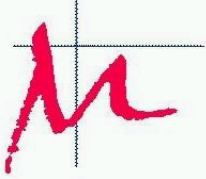


Carol Nordmeyer

I have a green cathedral
Far from earth’s troubling ways.
Where all the world’s sounds are pianissimo
And only the birds sing their praises to God.

Peace is here.
Comfort. Contentment.
Reverence. Rest.
Shhhh...

My green cathedral is not a church
Made with impassive stone,
But a sanctuary made by God,
And known to me alone.



QAC Youthzine

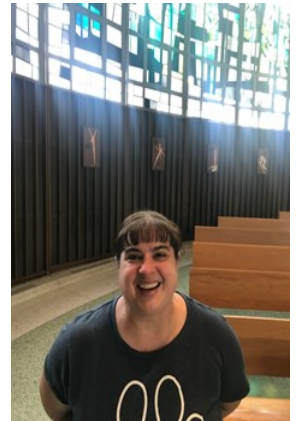
Welcome to our monthly section of The SPIRIT devoted to our youth

Welcome QAC's New Religious Education Director!!

We are excited that Amie Herbert has been hired for the position of Religious Education Director, effective July 1st!

Amie, as most of you know, has been involved in so many QAC functions and activities over the years. She taught religious education for many, many years, coordinated numerous May crownings, and planned many youth liturgies. She currently serves as Sacristan and is always available to assist in our special liturgies and wherever needed!

Amie was featured as a *QAC Treasure* in the February Spirit issue, and we thought it was appropriate to repeat that feature so that you can get to know Amie a little bit better! Oh, and Amie has volunteered to coordinate this year's QAC Day!!! You rock Amie!



Amie Herbert was baptized at QAC in 1976. She grew up as a sacristan with her parents, who were sacristans before her birth. Then, at age 10, while attending St. Anthony's School, she became an altar server. She remembers that only boys were recruited as altar servers at her school and she bragged to the other girls about being able to do this at QAC.

Even before becoming an altar server, she held the communion basket for distributors. In her early teens, she became an "adult" Eucharistic server. Then she became the first Eucharistic Minister team captain, along with her Mother, to assist the priest, as there was no Deacon at that time.

Amie volunteered as an RE teacher's helper for several years and then branched out as the main teacher to high school students. She taught 1st, 4th, 5th and junior high students for 25 years. During the same time, she spent years as the Eucharistic Minister Coordinator, Finance Coordinator, and Liturgy Coordinator. Since 2012, Amie coordinated the Liturgical Dancers, designing their outfits, which her Mother sewed.

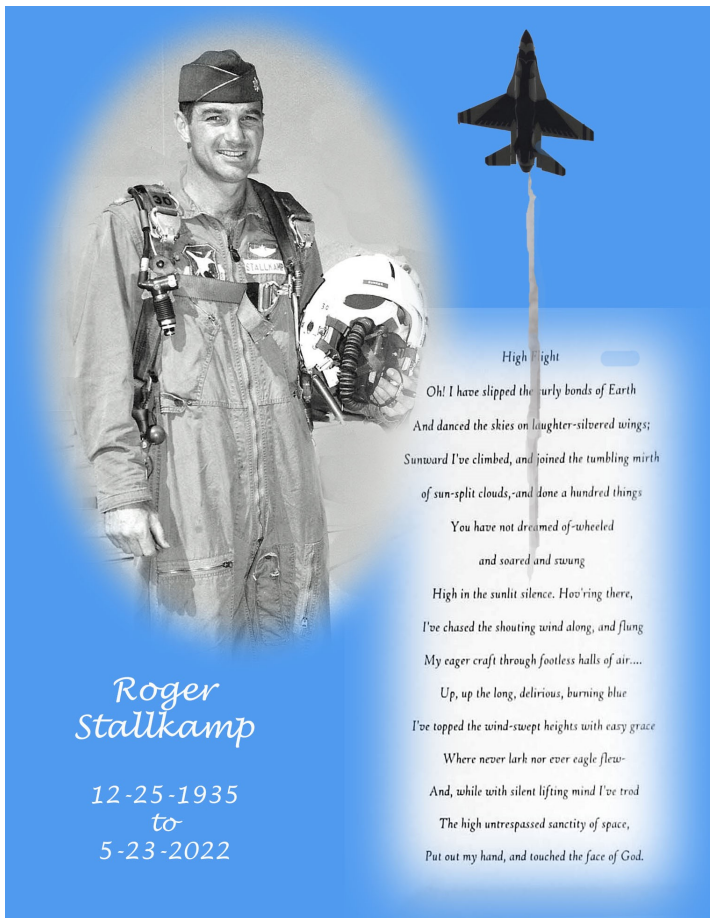
In addition, she coordinated Christmas bazaars, cake auctions, QAC days and many New Year's Eve parties over the years. Behind the scenes, Amie also washes altar cloths, linens, priest vestments, is a lector for readings, and decorates our chapel for Christmas and Easter. In all, Amie has spent her entire life volunteering for the QAC Community.

From Amie:

I'm really looking forward to this new challenge. I enjoy working with our QAC youth. The teachers and I plan on teaching the fundamentals of our faith and having lots of fun too! Watch for news about RE registration coming in the next couple of months.



Pictured Left to right, Top Row: Alan Seaver, Don Duvall, Nathan Nickell, Kenny Lupp, Chuck McKenny
Pictured Left to right, Middle Row: Dick Bachman, Tom Lauer, Richard Wagner, John Weissgarber
Picture Left to Right, Bottom Row: Robert Hamilton, Bill Fecher, Tom Hudnell, Ken Flohre



Poem reprinted so that it's easier to read.....

High Flight

*Oh! I have slipped the surly bonds of Earth
 And danced the skies on laughter-silvered wings;
 Sunward I've climbed, and joined the tumbling mirth
 of sun-split clouds,—and done a hundred things
 You have not dreamed of—wheeled and soared and swung
 High in the sunlit silence. Hov'ring there,
 I've chased the shouting wind along, and flung
 My eager craft through footless halls of air
 Up, up the long, delirious, burning blue
 I've topped the wind-swept heights with easy grace
 Where never lark nor ever eagle flew—
 And, while with silent lifting mind I've trod
 The high untrespassed sanctity of space,
 Put out my hand, and touched the face of God.*

Poem by John Gillespie Magee Jr. is public domain



Blast From The Past...

Pictured Left to right, Back Row Standing: Dan Huser, Charles Weiss, Tom Lauer, Paul Skogstrom, Barbara Fantaci, John Fantaci, Jerry Reichard, ?, Aimee Arnold, Katie (Huser) Santucci, Gail Lee, Jim Tieman and wife, Dan Nagle.

Pictured Left to right, Middle Row Seated: Pat Huser, Marian Weiss, Polly Lauer, Helen Skogstrom, Pat Reichard, ?, Pat Weissgarber, MaryJo Phander, ? children, Marilyn Nagle, Kristi Jennings and baby.

Picture Left to Right, Front Row Seated: ?, ?, Maggie (Huser) Atkinson, Maggie's Friend Jen Macke, ? children, Son of Mike Lee

Not Pictured, Photographer: John Weissgarber

? = Don't Know. If you know, please tell us!



Mary and Steve Guilfoos will celebrate their 50th Wedding Anniversary on July 27th
They recently took a cruise with their siblings and spouses to celebrate! Congratulations!



Taken at "Hell" on Grand Caymen



Wedding Day!



Dinner at Murano Specialty Restaurant on Celebrity Equinox



Congratulations Ben!
 Best Wishes to you for
 an exciting and
 successful career.
 You will be a
 phenomenal surgeon.

*Nimfa and Jack
 Simpson, parents of
 "Doctor" Ben,
 joined by friends at
 Ben's Graduation.*



Eric and Becky Cherry Neer—25 Years!



Birds (Thunderbirds that is) and Stars!



Perfect home for those who want to
 downsize!




QAC Helpers - Kevin Murnane and Deacon Greg help assemble the
 Sunday Bulletins while the copier waits to get fixed!





July 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
Remember to bring fresh produce on Sunday, July 3 rd for St. Vincent de Paul. Oh, and they are in need of new underwear and deodorant. Thank you!						
3 14 th Sunday in Ordinary Time 8:45AM Adult Faith Formation 10:30AM Mass (Live Stream Available) Fresh Produce Sunday		5	6	7	8	9
10 15 th Sunday In Ordinary Time 10:30AM Mass (Live Stream Available) Community meeting after Mass Liturgy Meeting	11	12	13	14	15	16
17 16 th Sunday In Ordinary Time 8:45AM Adult Faith Formation 10:30AM Mass (Live Stream Available)	18	19	20	21	22	23
24 17 th Sunday In Ordinary Time 10:30AM Mass (Live Stream Available)	25	26	27	28	29	30
31 18 th Sunday In Ordinary Time 10:30AM Mass (Live Stream Available)			