



## Community Coordinators' Corner

**Linda Folmar and Joan Ivory**



### SERVING ONE ANOTHER

by Linda Folmar

A QAC member asked me if I would explain how consensus decision making is better than majority rule. I have given a lot of thought to this.

Majority rule appeals to us because it is a quick and simple way to make a decision. But it divides us. We are left with contented winners and those who lose do not feel heard or considered and are not really on board with the decision.

Consensus decision making asks us as a group to: ground ourselves in heart centered prayer and to *work together* to bridge our differences to create more ownership and commitment. Together, we can prayerfully make decisions as we practice being deeply present to each other in our search for the best possible outcome for all concerned. This kind of presence requires us to let go of our certainties, put aside personal preferences and ideals, humbly release all judgment, and deeply listen to each other with an open heart and mind. This will not be easy or quick. Throughout this process we will need to be patient with ourselves and with each other. It demands that we develop new skills in listening and responding without reacting. This will enable us to find the commonalities we hold rather than focusing on our differences. By collaborating, we will generate a proposal and modify it until everyone concedes a bit and is onboard for implementation.

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Many years ago, Dennis and I were taking a course in Spirituality. At the first class the teacher told us that the main goal in living a spiritual life is to live with awareness and the willingness to be deeply present to whoever or whatever is before you. Wow! Can you imagine how that kind of open curiosity might change the division and chaos that surrounds us in today's world?

The following scripture passage from Micah tells us how to *Serve One Another*.

*This is what God desires for you.  
That you do justice. That you love kindness.  
That you walk humbly in the presence of your God. Micah 6:8*

As followers of Jesus, we are called to seek out practices that foster justice, kindness, and humility. The best decisions are made when our hearts and minds are aligned. QAC is a place where all person's thoughts and feelings are valued. This is how we continue to build the Community of Love that God calls us to be.

## Our Hopes and Fears for a New Season of QAC

During the community meeting on July 10, we asked each attendee to write down their hope and their fear for QAC in our next season. As we've reviewed those heartfelt and vulnerable submissions (along with past surveys and work from the Futures team), here are the themes and most common responses we see and hear:

### What is your fear for the next season of QAC?

Loss – of people, of our shared space, our existing relationships and community, perhaps weekly Mass, convenient access to the sacraments – is the dominant fear of our community. And that's understandable! In some way, we all grieve that the community we've known and loved, whether for six months or nearly 50 years, will be different. Knowing there will be change (and that we don't know all the specific changes yet!) is hard. The unknown can be scary. Loss is sad.

And, we also see a community willing to recognize the loss, grieve what we let go, and embrace the new that comes in its place.

Regardless of which option the community discerns for its future, we will all experience some type of loss in this transition process. We are all letting go of this exact version of QAC, and that's hard.

### What is your hope for the next season of QAC?

And, our community has hope! We find hope in retaining the core of QAC – our social justice work, an inclusive community, laity-led worship, and a strong sense of belonging and unity. There's a shared desire to attract others to our community, knowing that to have longevity we have to grow and evolve in addition to preserving what QAC has been.

One especially beautiful response we received was: "My hope is that being forced to "shake things up" may draw us out of...doing things out of habit or tradition. I have hope we can re-examine what is most important, and grow with the Spirit in new and possibly even deeper directions." Yes!

### A Community of Love in a New Season

So, let's join in discerning:

Who do we need to be and what can we create as the holy people God calls us to be in this new season?

How do we welcome others who are wounded and wandering, or who are unable to find a satisfying church home?

How do we invite our brothers and sisters, anyone who feels left behind, not good enough for and left out of the church, to join us?

How can we welcome others who are looking for something different in a faith community?

Knowing we are an Easter people, this time of transition is part of the resurrection of QAC. There is loss and heartache. And, we know that the letting go and the dying of "what has always been" can bring beautiful new life. This is a season of transition **and** transformation for QAC.



*(Continued on page 3)*

(Continued from page 2)

## Up Next

The “Listening Phase” of our transition process has recently included reviewing the Futures Team surveys from early 2022, as well as your responses from the July 10 community meeting.

All of these submissions have been truly beautiful and inspiring to read through. While our community faces a major challenge, it is clear we are ready and willing to explore options that help us continue to be the holy people God calls us to be!

To help clarify a few points from what we’ve heard and from earlier transition efforts, please complete the short survey you received by email in late July. (You can also find the survey at <https://forms.gle/k8UgsuYufNi2kCc37>).

Surveys are anonymous (unless you’d like to provide your name), and we’ll leave the survey open through Sunday, August 14. If you would prefer to complete a paper copy of the survey, you may pick one up in the vestibule and return it to Marti Quakenbush, or Matt and Meghann Naveau by August 14.

## Solemnity of the Assumption of the Blessed Virgin Mary

The Solemnity of the Assumption of Mary is celebrated on August 15 each year and is a holy day of obligation, however, this year, since this day falls on a Monday, the obligation to attend Mass on Monday is removed.

On All Saints Day, November 1, 1950, Pope Pius XII made an infallible, ex-cathedra statement in the Apostolic Constitution *Munificentissimus Deus* officially defining the dogma of the Assumption as the Feast of the Assumption of the Blessed Virgin Mary, which commemorates the end of her earthly life and assumption into Heaven.



## My growing up memory of the Feast of Assumption of the Virgin Mary by Nimfa Simpson:

For my entire grade school and high school education, I went to Catholic Schools exclusively for girls in the Philippines. Every year, the Feast of the Assumption of Virgin Mary was considered a special Holy Day of obligation, meaning that there was no school day. However, we were required to attend mass in the morning wearing our obligatory white dresses to honor Mary. Students who could bring flowers offered them before the statue of Mary.

## Blessed Memories by Linda Skinner:

Growing up, I remember how my Mom always placed a statue of the Blessed Virgin in the front window on all of the holy days that celebrated the Blessed Virgin Mary, as well as on those days when that called for rain (it seemed that Our Blessed Mother, though having more important things to help with, always cleared the weather when we had an important outdoor activity to attend). This engrained in me the faith we have in our Blessed Mother and how important she is in our lives. Today, the three statues that I have been given have a place in my entry hall, for all to see. And yes, I like my mother, place a statue in the window on those important days when it’s predicted it will rain.



## SOCIAL JUSTICE MINISTRY

### Coming Out - Steps on A Lifelong Journey Toward Goodness

*By William J. Meers*

In our contemporary culture, we tend to associate “coming out” as letting others know that we have changed our sexual orientation. Such a profound “coming out” may be accompanied with a change in dress and appearance. But “coming out” can apply to other significant changes that we make in our lives and in our identity— whether we announce them publicly or make changes that many may not even notice.

Discovering and becoming aware of who we are at our core is a lifelong journey. That journey may begin when disparate ideas or thoughts finally come together, and we see a clearer vision of ourselves. This awareness may come in the quiet of a walk in nature, in a talk with a trusted friend, or a moment of inspiration in a spiritual community like QAC.

But seeing ourselves with “our eyes open” can be frightening if we follow through and are honest with ourselves and others. Making changes in our relationships, lifestyle, and life’s work requires courage and commitment. How far can we go in integrating a new vision of ourselves with who we have been over the years. Hopefully, we understand that such changes take years to grow into. Moving forward, we must be gentle with ourselves— and with those who love and care about us.

“Coming out” and making a major life transition is not a one-time event, but a process in which our life changes as we go deeper and mature through the years. And there are certainly other “coming outs” during our lifetime if we stay open to them.

We know very little about the challenges Jesus must have faced during his years of transition from a precocious 12-year old teaching in the Temple in Jerusalem to an inspiring model for personal goodness and social justice who changed the world.

Certainly, Jesus didn’t make his journey alone. In addition to Mary and Joseph, he had to have had strong friends and advocates— men and women— who accompanied him along the way and offered him support. We know about the disciples of his later years, but there were certainly others who gave him inspiration and encouragement who didn’t get their names in the Bible.

Being part of a loving community like QAC gives us a safe place to grow spiritually and to take steps toward becoming our best selves. We don’t have to make our personal journeys alone; we enjoy a rich spiritual environment with a diverse group of kind and sensitive friends here to walk with us. May we step out together....

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*Authors comments: At some point in my life, I made a decision to “come out” as a strong advocate for peace, civil rights, and justice. At age 80, I am still committed to that vision. And I am thankful for friends and family who walk with me and inspire me to continue on that journey.*

## Bee Kind... Just Bee-cause

I had never heard of *Just Because Day* until I read Linda and Kevin's suggestions for the August Spirit. On August 27, I may allow myself to eschew my to-do lists in favor of sitting on my screened porch and reading, just because... However, as I look out across my yard, I will remember with gratitude the several hours my neighbor gifted to me on July 13 and July 17,



just because... On the morning of July 13, I was dumb/naive enough to have 4 cubic yards of mulch dumped in my driveway. (From now on, I will round my estimated measurements down, way down – never up.) That afternoon, in the sweltering heat and humidity, my kind and athletic neighbor, whose last name I didn't even know, came over offering help. I tried stubbornly telling her no, it was my mistake and she had enough on her plate, but she insisted. When the storms came an hour or two later, she brought over all her tarps, since the Dollar Store tablecloth I'd gotten for future art projects with my granddaughter looked like a little pink bandaid across that pile the size of a VW Beetle. When I returned from a weekend wedding, Bonnie was back over, hauling Sterlite bins of excess mulch to the back of our shed until Mulch Mountain slowly disappeared. Bonnie's explanation for her incredible, unsolicited assistance? God tells her to be kind... just because...



Did you know that you can order Cards and Gifts on the Marianist.com website?

Just go to [www.Marianist.com](http://www.Marianist.com) and click on the Cards & Gifts button at the top right of the site, or just click the box below to go directly to this site.

CARDS & GIFTS

You can also submit a prayer request on that same site.



The latest episode (Episode 46) of FatherSide Chats with Fr. Gene Contadino, S.M. is now available for viewing at [FatherSide Chats - YouTube](https://www.youtube.com/channel/UCS89yhUjVr90dS2nOdUw2Jg)  
<https://www.youtube.com/channel/UCS89yhUjVr90dS2nOdUw2Jg>

## QAC STEWARDSHIP

*A Way of Life*

**It all starts with Prayer.**

Do you know what God expects of you? Believe it or not, God has very definite plans for each one of us. We are blessed with a unique set of gifts, skills, talents and resources so we can play a special role in building up the kingdom of God here on earth. To know God's plans for us, we simply need to pray:



Kevin Skinner

**Lord, what do You want me to do with all the gifts You have given me?**

As we plan our transition, pray about how you can be part of the future of QAC. Stewardship is all about **doing what God wants us to do** with the gifts we have been

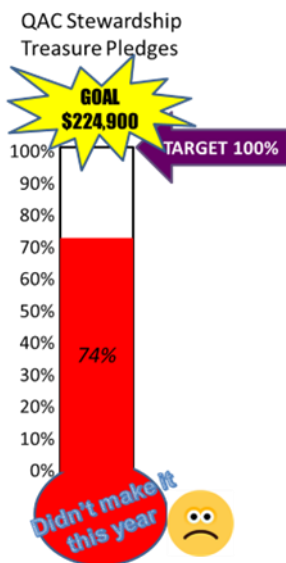
given. The challenge is that we cannot know what God wants from us unless we spend some time every day communicating with God.

So make a commitment to spend more time in communication with God. Try starting your day with a few minutes of quiet prayer and ending your day with spiritual reading.

When you pray, don't spend all your time telling God what problems you want solved in the world. Instead, be still and ask God what **you** are called to do. Then listen carefully. Listen to hear if God is calling you to a more active, conscious participation in QAC – sharing your time, talents and treasure.

God promises us that we will always have what we need. I believe that is true for us as individuals and as a QACer. God will give QAC what we need through you, so ask what am I being called to do?

*This scale shows our weekly offering (Sunday collections) and our planned budget (target) for the 2021/2022 fiscal year, which started July 1, 2021. Please remember that 10% our weekly offering goes to our Social Justice Ministry. Thank you for your support!*



### QAC FINANCIAL SUMMARY - JUNE 2022

	Monthly	Year to Date	Year to Date (Budget)
Collections	\$ 11,901	\$166,595	\$224,900
Other Income	\$ -	\$ 4,721	
Total Operating Income	\$ 11,901	\$171,316	
Operating Expense	\$ 21,603	\$201,113	
Income Expense	\$ (9702)	\$ (29,797)	
Distribution of 2021 Grant Funds		\$ 9,000	
Excluded Income		\$ 17,006	

Note: Excluded income and expenses are one-time items, not expected to repeat. Thank you for your generosity!

*For those unable to attend Sunday Liturgy, please don't forget that we still need your financial support. Please mail in your weekly donations (address on front cover) or better yet, set up Online giving.*

*View the instructions to setting up online giving at*

<http://www.youtube.com/watch?v=dRMfgKncvhM&feature=youtu.be>

**CORRECTION IN VIDEO—QAC Zip Code was changed, so please disregard the last four of the zip code**

*May the Father, the Son and the Holy Spirit be glorified in all places  
through the Immaculate Virgin Mary*

*Marianist Doxology*



## Seniors' Corner

by *Chuck Bauer*

Already August, Seniors Corner: As I am writing this, the summer is half over and I still haven't gone fishing. Of course I haven't stopped fantasizing about Caesar Creek, Spring Valley WA, Ohio Power RA, etc., but will settle for In-Fisherman as last resort if I have to. But I have faith that I will make it!!!

### "Free and Nearly Free" for August

**Caesar Creek State Park Beach - Perseids Meteor Shower Free Outing/Campout.** Borrow your grandkids and head to Caesar Creek on to view the Perseids Meteor Shower on **Saturday August 13 starting at 4:00 PM till morning**. Bonfire on the beach, Games, Geocaching, Movies and more. When my kids were younger, we went several times. There will be nearly a full moon on the 13<sup>th</sup>, but it doesn't rise until 10:00PM.

#### **Dayton RiverScape**

- Aug 5<sup>th</sup> (Fri) Pickin' in the Park 6:00PM to 10:00PM - Sawgrass and Old Salt Union
- Aug 11<sup>th</sup> (Thur) Big Band Night 7:30PM to 9:00PM - Kim Kelly Orchestra
- Aug 12<sup>th</sup> (Fri) R&G Hot Summer Music 7:30PM to 10:00PM - Premium Blend
- Aug 20<sup>th</sup> (Sat) Hispanic Heritage Festival 11:00AM to 11:00PM

#### **Dayton Levitt Pavilion** (134 Main St) Thu-Fri-Sat 7:00PM

- Great groups, just Bing/Google Levitt Dayton Pavilion, which takes you to detailed bios of each group.

#### **Kettering The Frazee**

- Aug 13<sup>th</sup> (Sat) BACON FEST 3:00PM to 10:00PM - Food, Free Festival and Music

#### **Kettering Civic Band:**

- Aug 11<sup>th</sup> (Thur) 7:00PM to 8:30PM Polen Farm, 5099 Bigger Rd

#### **The Greene Block Parties** in Beavercreek, Entertainment from 6:00PM to 9:00PM

- Aug 6<sup>th</sup> (Sat) Cryin' Out loud lively, rock cover band playing hits from the 70s, 80's and 90's
- Aug 11<sup>th</sup> (Thur) "Taste of the Greene" with music featuring The Michelle Robinson Band
- Aug 27<sup>th</sup> (Sat) Music & fun of the 70's & 80's comes alive with 24Seven Band

#### **Beavercreek Lofino Park** 640 Grange Hall Rd.

- Aug 7<sup>th</sup> (Sun) 7:00PM to 8:00PM - The Rick George Band

#### **West Carrollton Summer Concerts**, 200 West Central, across from the Fire Station

- Aug 18<sup>th</sup> (Thursday) 7:00PM to 9:00PM - SpongeWorthy

#### **Fairborn Sweet Corn Festival** Community Park Dayton-Yellow Springs Road (near I-675).

- Aug 20<sup>th</sup> and 21<sup>st</sup> (Sat, Sun) 11:00AM to 7:00PM

**Fort Rowdy Gathering** Community Park, West U.S. Route 36, Covington, Ohio. September 3-5, 2022: Sat. 10:00AM-8:00PM, Sun. 10:00AM-6:00PM, Mon. 10:00AM-4:00PM. A great frontier festival, good entertainment. Go to the frontier stage in back.



# Happy Birthday to...

- 1 BOB BROOKEY
- 1 BRITTANY NANDA
- 4 WILLIAM (BILL) ARNOLD
- 4 TOM MCCRATE
- 4 MARY RICE
- 4 DAISY STIEGER
- 8 JACQUELINE ANDREWS
- 8 GAVIN BOHRER
- 9 THOMAS HANGARTNER
- 9 BETH PAUL
- 12 CORINNE BANE
- 13 JACK DONNELLY
- 13 CONNIE POLLOCK
- 15 CHARLES BAUER
- 16 ANN HURLEY
- 16 KEVIN SKINNER
- 18 MARY CLARK
- 21 GREG ZEITLER
- 22 DAVID CHESAR
- 23 JACQUELINE NORDMEYER
- 24 SHARI ULRING
- 28 SUE GILLUM
- 30 CAROL ANN CANNON
- 30 DAVID NEER

Blessings to all those celebrating a Birthday this month!

Our prayers are offered on your birthday that God will bless you with infinite peace, love, prosperity and happiness.

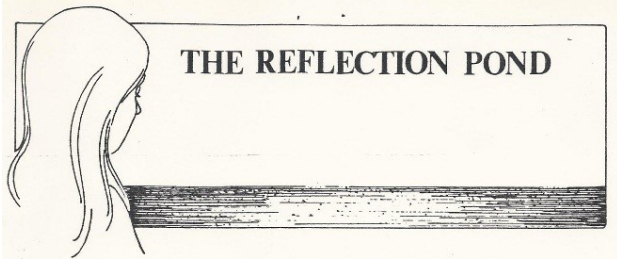
Please let us know if we missed your birthday! And if we did, we sincerely apologize!



Chris Heider Jam Fest at Clinton Opera House



You are some good looking squirrel



## Marian Prayer

*By Steve Guilfoos*

Mother Mary, Sweet Mother,  
We look to you for help  
We look to you for guidance  
... We pray

Mother Mary, Gentle Mother,  
We look to you calmness  
We look to you for nurturing  
... We pray

Mother Mary, Loving Mother,  
We look to you to for lessons  
We look to you knowledge  
... We pray

Mother Mary, Quiet Mother,  
We look to you simply and wholly  
We look to you ...  
... We pray ..... Amen



Photo of this roadside Marian statue was taken in May 2005 in Ireland, County Kerry, just outside of Waterville

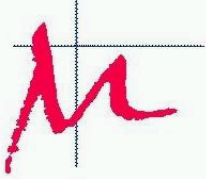


## QAC DAY IS SEPTEMBER 25

It's going to be a great party! Make sure to plan your vacations and trips around that day. Plan to come for a day of great fun and friendship with your QAC family. Hamburgers, hot dogs, brats, and drinks will be provided. Please bring a dish to share, family-style. Watch for more information in future Sunday bulletins.

*Share your creative works with QAC! We would love to feature your artwork, writing, photo or other creativity in an upcoming Spirit.*

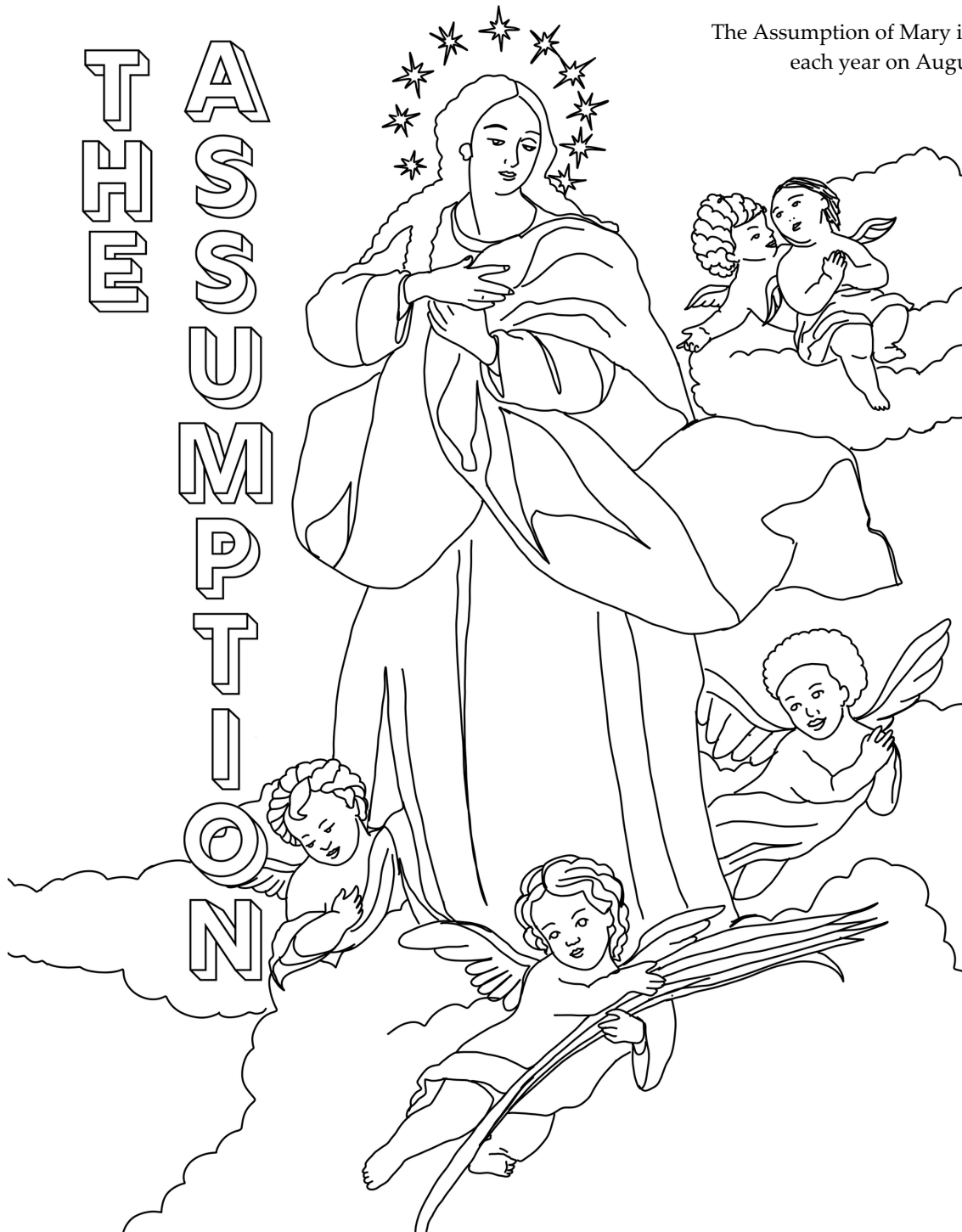
*Send your inspiration to [qacspirit06@att.net](mailto:qacspirit06@att.net) by the 22<sup>nd</sup> of each month.*



## QAC Youthzine

Welcome to our monthly section of The SPIRIT devoted to our youth  
Director of Religious Education: Amie Herbert

Planning is underway for the 2022/2023 Religious Education program, that will include some changes from the previous year, so stayed tuned for more information. In the meantime, if you are interested in volunteering to help with this year's program, please contact Amie Herbert at [amherbert@sbcglobal.net](mailto:amherbert@sbcglobal.net).



The Assumption of Mary is a celebrated  
each year on August 15

## Do Good Restaurant and Ministry

On a recent Wednesday “Outing”, and after visiting the Ft. Loramie Lake area, Marilyn and I opted to have lunch at the “*Do Good Restaurant and Ministry*”, located in Osgood, Ohio, approximately 8 miles southeast of the Lake. The proprietor, Karen Homan, followed what she felt was the word of God moving her to establish a free mission in spreading God’s Word through service, food and to feed the people’s bodies, minds, and souls. All servers are volunteers and **all tips** collected in a month are given to one individual, or a family in need. Almost \$750,000 in tips have been donated since opening in 2019. The project, in the meantime further grew into various ministries for babies, tutoring, Bible Study, exercise, health and wellness.



Dan and Marilyn Nagle

Our meal was fantastic and a tour of the restaurant’s back yard was breath taking. Each species of the flowers seen in the pictures below was chosen to reflect Mary or a part of the Bible.

You may learn more by searching the internet for this amazing Restaurant - **Do Good Restaurant Osgood Ohio** or simply click the following link: [HOME | Do Good \(dogoodrm.com\)](https://www.dogoodrm.com).



Backyard Restaurant Pictures ... Left to Right

Lavender – Utilized by Mary for Baby Jesus...Garden picture

Plaque with Rosary comments... Logo...Patio chairs

Backyard view- Rosary Circle background... Building... **Marigold**

**Mission:** The mission of the Do Good Restaurant and Ministry is to spread God’s Word through service and food, and to feed peoples' bodies, minds, and souls.

# QAC Spotlight



Steve and Mary Guilfoos celebrating their 50th Wedding Anniversary during and after Mass on July 24<sup>th</sup>

Special Presentation to Terri Blanken for serving as Community Coordinator



Baptism of Thomas Leroy Harris V



Healing Service during Mass on July 24<sup>th</sup>



July birthday celebrations—Chris Sitko, Marilyn Nagle and Jack Simpson

**ST. VINCENT DE PAUL SHELTER:** We are grateful to all who remember our brothers and sisters who have less. The Shelter has a constant need for items to provide their clients such as socks, underwear (especially mens), light blankets, twin-size bedding, ground coffee, and shelf-stable food items (prefer gallon size cans if possible).



The Shelter also has a new request for items to include in sack lunches such as snack-size bags of chips and crackers. Each week, there is a bin in the Chapel vestibule to collect any donations.

For more information regarding the shelter's needs, they maintain a "Needs List" at <https://stvincentdayton.org/donate-goods/needs-list/>. That same web page provides information so you can donate through Amazon and have it delivered straight to the shelter. Thank you for your kind generosity.



St. Vincent de Paul  
ASSISTANCE • SHELTER • HOPE

# August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Leadership Team Meeting	5	6
7 19 <sup>th</sup> Sunday in Ordinary Time 8:45AM Adult Faith Formation 10:30AM Mass (Live Stream Available) <b>Fresh Produce Sunday</b>	8	9	10	11	12	13
14 20 <sup>th</sup> Sunday In Ordinary Time 10:30AM Mass (Live Stream Available)	15  FEAST OF THE ASSUMPTION AUGUST 15	16	17	18	19	20 Mission of Mary Cooperative Walking Tour of 2 Urban Farm
21 21 <sup>st</sup> Sunday In Ordinary Time 8:45AM Adult Faith Formation 10:30AM Mass (Live Stream Available) <b>Community meeting after Mass Liturgy Meeting</b>	22	23	24	25	26	27  JUST Bee-Cause DAY!
28 22 <sup>nd</sup> Sunday In Ordinary Time 10:30AM Mass (Live Stream Available)	29	30	31			

QAC's Leadership Meeting is normally held the first Thursday of each month. Minutes are posted on the QAC website, as well as current and back issues of the QAC Spirit Newsletter, homilies and reflections, and so much more!